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My Health Care Plan -1

CUSTOMER INFORMATION SHEET

This document provides key information about your policy. You are advised to go through your policy document

SI No	Title	Description	Policy Clause Number
1	Name of Insurance Product	My Health Care Plan-1	
2	Policy Number	Kindly refer to Your Policy schedule	
3	Type of Insurance	Kindly refer to Your Policy schedule	
4	Sum Insured (Basis)	Kindly refer to Your Policy schedule	
5	Policy Coverage (What the Policy Covers)	In-patient Hospitalization Treatment - Medical Expenses incurred due to admission to a Hospital for Illness or Accidental Bodily Injury, longer than 24 consecutive hours.	Section C1
	,	Pre-Hospitalization - up to 60 days or as per the option specified on the Policy Schedule prior to date of admission in hospital.	Section C2
		Post-Hospitalization - up to 90 days or as per the option specified on the Policy Schedule from date of discharge from the hospital.	Section C3
		 Modern Treatment Methods and Advancement in Technologies covers expenses incurred during admissible hospitalization, towards following procedures maximum up to Inpatient Hospitalization Treatment Sum Insured Uterine Artery Embolization and HIFU Balloon Sinuplasty Deep Brain stimulation Oral chemotherapy Immunotherapy- Monoclonal Antibody to be given as injection Intra vitreal injections Robotic surgeries Stereotactic radio surgeries Bronchial Thermoplasty Vaporisation of the prostrate (Green laser treatment or holmium laser treatment) IONM -(Intra Operative Neuro Monitoring) Stem cell therapy: Hematopoietic stem cells for bone marrow transplant for haematological conditions to be covered 	Section C4
		Day Care Procedures - Medical Expenses incurred due to admission to a Hospital for Illness or Accidental Bodily Injury, for duration less than 24 consecutive hours as listed on Annexure I in Policy wordings covered up to Inpatient Hospitalization Treatment Sum Insured	Section C5
		Organ Donor Expenses - Medical expenses incurred towards organ donor's treatment for harvesting of the donated organ maximum up to Inpatient Hospitalization Treatment Sum Insured,	Section C6
		AYUSH Hospitalization Cover - Hospital admission longer than 24 consecutive hours in a recognised AYUSH Hospital maximum up to In-patient Hospitalization Treatment Sum Insured.	Section C7
		Road Ambulance – maximum up to In-patient Hospitalization Treatment Sum Insured.	Section C8
		Maternity Package Expenses -	Section C9



A. Maternity expenses- Medical expenses towards pregnancy	
(delivery/termination) subject to the specified sub-limit, limited to maximum	
2 deliveries or termination(s) B. Maternity expenses for Surrogacy – Maternity expenses incurred for the respective Surrogate mother towards maternity through surrogacy	
C. Complications of Assisted reproductive procedures/technology (ART) – Medical expenses incurred because of complications arising out of	
assisted reproductive procedures up to Maternity Package limit	Section C10
above the Inpatient Hospitalization Sum Insured subject to Maternity claim being accepted by Us.	Section C 10
Out-patient Treatment Expenses (OPD) I. Tele (Insta) Consultation Cover – Consultation with Medical Practitioner/ Physician/Doctor listed on the digital platform of Insurer or concerned Service Provider via video, audio, or chat channel	Section C11
II. Doctor Consultation Cover (In-clinic) – consultation with Medical Practitioner/ Physician/Doctor in person from prescribed network centres of concerned Service Providers or on reimbursement basis with prior approval in non-network centres up to the limit as specified in the Policy Schedule. a) Doctor Consultation Cover (In-clinic) (Cashless and Reimbursement) For this cover, any one of the below options will apply for pre-approved reimbursement as specified under the plan. 1. 20% co-payment for pre-approved reimbursement claims 2. Reimbursement as per the approval up to OPD Sum Insured.	
b) Doctor Consultation Cover (In-clinic)(Cashless Service) Consultation with Medical Practitioner/ Physician/Doctor in person from prescribed network centres of concerned Service Providers up to the limit as specified under this Policy	
III. Doctor prescribed Investigations Cover – Pathology & Radiology Cover Cover for investigation prescribed by a registered Medical Practitioner for pathology or radiology as a cashless service in network centres of our Service Providers or on reimbursement basis with prior approval in non-network centres up to the limit as specified under this Policy	
IV. Annual Preventive Health Check-up cover- Free Preventive Health check-up once in every policy year as per limits specified in policy wording	
to In-patient Hospitalization Treatment Sum Insured, which in the normal course, would require care and treatment at a Hospital but, on the advice of the attending Medical Practitioner, is taken whilst confined at home	Section C12
Home Nursing Benefit - Fixed weekly benefit amount as specified for a Registered Nurse engaged for post-hospitalization care subject to claim paid for In-patient hospitalization Treatment.	Section C13
Cost of Prescribed External Medical Aid - Expenses incurred for External Medical Aids prescribed by a treating Medical Practitioner for the specific illness or injury against which the claim is accepted under "In-patient Hospitalisation Treatment"	Section C14
	Section C15
	Section C16



	Airlift Cover- expenses incurred on airlift faci conditions which require transportation from In Hospital		Section C17
	Family Visit- If Insured Beneficiary sustains Illness during the Policy Period requiring		Section C19
	Hospitalisation in an outstation location 200 kg place of residence, We will reimburse the actu		
	transportation expenses of most direct route v		
	member or relative or friend of the Insured Be the Policy Schedule	eneficiary as per the limit specified on	
	Renewal Premium Waiver Benefit - In even		Section C20
	also an Insured Beneficiary during the Policy Illness, we will pay the renewal premium of M		
	dependant Insured Beneficiary/ies covered ur		
	Consumable Expenses - Non-Medical Exper		Section C2
	incurred during treatment of the Insured Benef		
	Inpatient hospitalisation treatment Sum Insured admissible and payable under "In-patient Hosp	d, provided that the claim is	
	Optional covers		
	Loss of Income Cover Weekly payment benefit for the expenses bed	cause of Accidental Injury and Any	Section C. Part III-1
	Illness excluding Infection		
	Number of Days of per Hospitalization	No of weeks of Benefit paid	
	3 days to 5 days	1 week	
	6 days to 10 days	2 weeks	
	11 days to 20 days	4 weeks	
	21 days to 30 days	6 weeks	
	Above 30 days Major Illness and Accident Multiplier (Inde	8 weeks	Section C.
	Medical expenses incurred due to Critical Illne Injuries then the sum insured for such Major Il increased up to number of times of "Inpatient Insured List of Critical Illness as below: i. Cancer ii. Open Chest Coronary Artery Bypass Graftir iii. Kidney Failure Requiring Regular Dialysis iv. Major Organ Transplantation v. Multiple Sclerosis with Persisting Symptom vi. Permanent Paralysis of Limbs vii. Open Heart Replacement or Repair of Heaviii. End Stage Liver Failure ix. End Stage Lung Failure x. Bone Marrow Transplant	Ilnesses or Injury would be Hospitalization Treatment" Sum ng (CABG) s art Valves	Part III-2
	International Cover – Emergency Care only Medical Expenses incurred outside India and Emergency Care only, for inpatient hospitalisa A mandatory co-payment of 10% is applicable other co-payment/deductible if any applicable	anywhere across the World for ation which will be in addition to any	Section C. Part III-3
	outer de payment addadable il am applicable		
Cumulative Bonus	For SI 3 and 4Lacs - 25% increase in base s Year max up to 100% of base Sum Insured	um insured per claim free policy	Section C1
	For SI 3 and 4Lacs - 25% increase in base s	pase sum insured per claim free	Section C

Bajaj Allianz General Insurance Co. Ltd.

Bajaj Allianz House, Airport Road, Yerawada, Pune - 411 006. Reg. No.: 113 For more details, log on to: www.bajajallianz.com | E-mail: bagichelp@bajajallianz.co.in or Call at: Sales - 1800 209 0144 / Service - 1800 209 5858 (Toll Free No.) Issuing Office:



Exclusions (What the policy does not cover)

General Exclusions

- Any hospital admission primarily for investigation diagnostic purpose (Excl04)
- Expenses related to any admission primarily for enforced bed rest and not for receiving treatment. (Excl05) Obesity/Weight Control (Excl06) - Change-ofgender treatments (Excl07)
- Expenses for cosmetic or plastic surgery or any treatment to change appearance unless for reconstruction following an Accident, Burn(s) etc. (Excl08)
- Expenses for treatment arising from Insured committing or attempting to commit a breach of law with criminal intent. (Excl10)
- Treatment for Alcoholism, drug or substance abuse. (Excl12)
- Treatments received in heath hydros, nature cure clinics, etc. where admission is arranged wholly or partly for domestic reasons. (Excl 13)
- Dietary supplements and substances unless prescribed as part of hospitalization claim or day care procedure. (Excl14) Excluded Providers (Excl11)(Treatments received in heath hydros etc., arranged wholly or partly for domestic reasons. (Excl13)
- Expenses related to the treatment for correction of eye sight due to refractive error less than 7.5 dioptres. (Excl15)
- Expenses related to any unproven treatment, services and supplies. (Excl16)
- Expenses related to sterility and infertility. (Excl17)
- Medical Treatment Expenses traceable to pregnancy and its complications. (Excl 18) (applicable to Silver plan only)

Specific Exclusions:

- 1. Cosmetic dental procedures unless due to Accidental Injury.
- Medical expenses where Inpatient care and medical supervision is not required
- 3. War, invasion, acts of foreign enemies
- 4. The cost of external durable medical equipment except Cost of Artificial Limbs, cost of prosthetic devices implanted during surgical procedure like Pacemaker, orthopedic implants, etc.etc.
- 5. External medical equipment of any kind used at home as post Hospitalization
- 6. Congenital external diseases or defects or anomalies, growth hormone therapy, stem cell implantation or surgery except for Hematopoietic stem cells for bone marrow transplant for hematological conditions.
- 7. Intentional self-injury
- 8. Vaccination or inoculation
- 9. All non-medical Items as per Annexure II in policy wordings
- 10. Any treatment received outside India
- 11. Circumcision unless required for the treatment of Illness or Accidental bodily injury.

Exclusions specific to OPD cover

Exclusions for Tele (Insta) Consultation Cover:

- Tele-consultation outside the Digital platform/ service provider's application/website/video/audio/chat consultation, in-clinic/physical consultation is not covered under this benefit of the product.
- 2. Not transferrable to any other beneficiary unless the beneficiary is covered under the Policy & has opted this coverage.
- 3. If the same is not availed in the Policy year, cannot be carried forward to the subsequent policy year during the Policy Period.
- 4. Reimbursement of teleconsultation benefit is not permitted
- 5. Initial 30 days waiting period applicable for illness, illness not applicable for renewals
- 6. Pre-Existing Diseases Waiting Period (Code-Excl01)
- a) The PED waiting period will be applicable and will be as opted would be specified on the Policy Schedule

Standard Exclusions

Section D II & Section D -

Specific Exclusion

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Exclusions for Doctor Consultation Cover (In clinic)

- 1. Other expenses of investigations, medicines, procedures or any medical, non-medical items are not covered.
- 2. Not transferrable to any other person unless the person is covered under the same Policy.
- 3. Cannot be carried forward to the subsequent Policy year
- 4. Initial 30 days waiting period is applicable required for Illness illness not applicable for renewals
- 5. The plan does not cover yoga, naturopathy, reiki, acupuncture, acupressure, physiotherapy, psychiatric counselling, diet counselling.
- 6. The PED waiting period will be applicable and will be as opted would be specified on the Policy Schedule.

Exclusions for Doctor Prescribed Lab and Radiology Cover

- Any Lab or Radiology investigation not prescribed by a Medical Practitioner will not be covered.
- 2. Not transferrable to any other person unless the person is covered under the same Policy.
- 3. Cannot be carried forward to the subsequent policy year after renewal.
- 4. Initial 30 days waiting period is applicable related to illness not applicable for renewals

Exclusions for Annual Preventive Health Check -up cover

- 1. Cannot be availed outside the prescribed list of hospitals or diagnostic centres.
- 2. Home collection facility will available only at selected locations. For locations where home sample collection is not available, the customer will have to physically go and take the tests.
- 3. The complete list of tests as given above has to be completed in a single appointment.
- 4. Cannot be carried forward to the subsequent Policy Year.
- 5. Reimbursement expenses is excluded from the scope of the Policy.
- Initial 30 days waiting period is applicable related to Illness, not applicable for renewals

List of network Hospitals or diagnostic centres can be accessed from the Insurer's website for:

- Doctor Consultation Cover (In clinic)
- Doctor prescribed Investigations Cover Pathology & Radiology Cover
- Annual Preventive Health Check-up cover

8 Waiting Period

Time period during which specified disease/treatmen t are not covered It is counted from beginning of the policy coverage Initial Waiting period: 30 days for all illnesses

Specific Waiting period: 24 months for below listed procedures

Any type gastrointestinal ulcers	2. Cataracts,
3. Any type of fistula	4. Macular Degeneration
5. Benign prostatic hypertrophy	6. Hernia of all types
7. All types of sinuses	8. Fissure in ano
9. Haemorrhoids, piles	10.Hydrocele
11.Dysfunctional uterine bleeding	12.Fibromyoma
13.Endometriosis	14.Hysterectomy
15.Uterine Prolapse	16.Stones in the urinary and biliary systems

Standard Exclusion s Section D- I and D-II



17.Surgery on ears/tonsils/ adenoids/ paranasal sinuses	18.Surgery on all internal or external tumours/ cysts/ nodules/polyps of any kind including breast lumps except malignancy
19.Diseases of gall bladder including cholecystitis	20.Pancreatitis
21.All forms of Cirrhosis	22.Gout and rheumatism
23. Surgery for varicose veins and varicose ulcers	24.Chronic Kidney Disease
25.Alzheimer's Disease	26. Joint replacement surgery
27.Surgery for vertebral column disorders (unless necessitated due to an Accident)	28.Surgery to correct deviated nasal septum
29.Hypertrophied turbinate	30.Congenital internal diseases or anomalies
31.Treatment for correction of eye sight due to refractive error recommended by Ophthalmologist for medical reasons with refractive error greater or equal to 7.5	32.Bariatric Surgery

Waiting Period				
Waiting Periods	Plan 1	Plan 2	Plan 3	Plan 4
Pre-Existing Diseases	36	36	24	36
Waiting Period	months	months	months	months
Specified	24	36	24	24
disease/procedure Waiting	months	months	months	months
Period			(Option to	
			change to	
			12	
			Months)	
Initial Waiting period	30 days	30 days	30 days	30 days
Maternity Expenses	36	NA	36	36
waiting period & Baby	months		months	months
Care waiting period	(will		(will	(will
	decrease		decrease	decrease
	by 1 year		by 1 year	by 1 year
	if		if	if
	premium		premium	premium
	for long		for long	for long
	term		term	term
	policy is		policy is	policy is
	paid		paid	paid
	upfront)		upfront)	upfront)

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Financial Limits of Coverage

Sublimit (it is a predefined limit and the Sub limits insurance company will not pay any amount in excess of this limit)

Co-payment (it is a specified amount /percentage of the admissible claim amount to be paid by policy holder/insured)

Deductible (it is a specified amount: Upto which an insurance company will not pay any claim and Which will be deducted from total claim amount (if claim amount is more than the specified amount)

Any other limit (as applicable)

The policy will pay only up to the limits specified hereunder for the following diseases/procedures:

_			
′	Plan/Covers	Limit/Category	
	Room Rent Limit **		
f	Plan 1	SI 3 Lacs -10 Lacs - Single Private AC room	
	FIAII I	SI 10 Lacs and above – At Actuals	
	Plan 2 and Plan 4	1% of SI per Day	
	Plan 3	At Actuals	
	Maternity	SI ₹3 lacs & ₹4 lacs – Not Covered	
		For SI 5 Lac to 10 Lac – INR 50,000	
		For SI 15 Lac to 20 Lac- INR 75,000	
		For SI above 20 Lacs – INR 1,00,000	
	Family Visit	For Plan 1, 3 and 4	
		For SI upto 10 lacs- upto INR 25,000	
		For SI More than 10 lacs –	
		Upto INR 50,000	
		For Plan 2- For SI upto 10 lacs upto INR	
		25,000	
,	Cataract Limit	20% of SI for each eye, max up to ₹1,00,000/-	
		For SI above 10 Lac- Actual	

^{**} Proportionate deduction shall be applicable on all expenses other than cost of Pharmacy/medicines, consumables, implants, medical devices & diagnostics in case of admission to a room at rates exceeding the limit specified as per Sum insured and Plan opted.

Co payments

Co-payment	Limit
Voluntary co-payment	5%/10%/15%/20% of admissible claim amount
International Cover –	Mandatory co-payment of 10%
Emergency Care only	

Other Limits: The limits against the covers mentioned below are over and above the In-patient Hospitalisation sum insured

Name of Limit	Limit
Baby care	Plan 1 :
(Plan 1 and Plan 3)	For SI up to 4 Lac- 1 lac
	For SI 5 Lac to 10 Lac- 5 Lac
	For SI 15 Lac to 50 Lac- 10 Lac
	For SI above 50 Lac- 15 Lac
	Plan 3:
	For SI up to 4 Lac- NA
	Rest all as Plan 1
Home Nursing Benefit	Plan 1 & 4 :
	For SI up to 50 Lac- 5,000/week
	For SI above 50 Lac- 10,000/week
	Plan 3:
	For SI up to 50 Lac- 10,000/week
	For SI above 50 Lac - 20,000/week
Cost of Prescribed	Plan 1 & 4 :
External Medical Aid	For SI up to 10 Lac- 10,000
	For SI 15 Lac to 50 Lac- 25,000
	For SI above 50 Lac- 50,000
	Plan 2 :
	For SI up to 10 Lac- 10,000

Section C-Part I and II Section E28



			Plan 3 :		
			For SI up to 10 Lac-	- 15 000	
			For SI 15 Lac to 50	•	
			For SI above 50 Lac		
		Sum Insured	Plan1:	273,000 -73,000	
		Reinstatement	For SI less than 5 la	000	
		(Available for same			
		illness)	For SI 5 lacs and at	bove – Unlimited	
			Plan 2: For SI less than 5 la	acs - Once	
			Plan 3:	des Office	
		A1 116 Q	For All SI – Unlimite	ed	
		Airlift Cover	Plan 1, 3 and 4 :	_	
			For SI above 50 Lac	c to 1 Crore- up to	
			INR 10 Lac		
				e - up to INR 20 Lac	
		Cumulative bonus	For Plan 1 and 3		
		(reduces in case of	For SI 3 and 4 lacs	- 25% Per Annum	
		claim)	max 100%		
			For SI 5 Lac and ab	ove- 50% Per	
			Annum max 100%		
			For Plan 2		
			25% per annum ma	x up to 100%	
		Recharge Benefit	Plan 3		
			20% of the SI maxir	num up to INR 25	
			Lac	·	
		OPD Sum Insured	Plan 1, Plan 3 and	Plan 4- 2X of the	
			Net Premium		
			Insta-Consultation	Only 1 active	
			(Instant	Doctor consultation	
			Teleconsultation)	is allowed at any	
				given time. Maximum of 5	
				consultations per	
				day	
				Maximum of 15	
				online consultations	
			_	per month.	
			Doctor	50% of OPD SI	
			Consultation		
			Cover (in clinic)	500/ -f ODD CI	
			Doctor Prescribed	50% of OPD SI	
			investigation/		
			pathology and		
			Radiology Cover	(4	
			Annual Preventive	(1 voucher)	
			Health		
			check-up cover		
10	Claims/claims	Cashless Claim processCa	ashless treatment is o	nlv available at Network	Section E
	procedure	Hospitals		•	30
	-	·	ive must intimate Us 4	48 hours before the planned	
				ency hospitalization and request	
		pre-authorization by way			
				es, coverage and accordingly	
		issue an authorization le	etter either to You or th	ne Network Hospital.	



		 Reimbursement claim process Applicable for claims where treatment is taken at a Non network hospital OR If we have denied your claim as per Cashless Claims Procedure. You or Your representative must intimate Us 48 hours before the planned Hospitalization and within 48 hours of emergency hospitalization You or someone claiming on Your behalf must promptly and in any event within 30 days of discharge from a Hospital give Us the documentation Turnaround time(TAT) for claim settlement: Turnaround time (TAT) for claim settlement: Tarnaround time (TAT) for claim settlement: Tarnaround time (TAT) for claim settlement: Tarnaround time (TAT) for claim settlement: TAT for preauthorization of cashless facility: Within 60 Mins TAT for cashless final bill authorization: Within 180 Mins 	
		Weblinks Network hospital and Black listed hospital list https://www.bajajallianz.com/branch-locator.htmll Helpline Number	
		Tollfree: 1800-103-2529 Downloading /getting claim forms Downloading /getting claim forms Health Insurance Claim Process Accident Insurance Claim (bajajallianz.com)	
11	Policy Servicing	Call centre number(Toll free): 1800-209-5858	
		Details of Company officials: Branch-wise GRO details can be found on the below link. https://www.bajajallianz.com/download-documents/other-information/GRO-List.pdf	
12	Grievances /Complaints	 Grievance Redressal Procedure: a) Toll-free number 1-800-209- 5858 or 020-30305858, Say "Hi" on WhatsApp on +91 7507245858 b) Branches for resolution of your grievances /complaints, the Branch details can be found on our website: www.bajajallianz.com/branch-locator.html Register your grievances / complaints on our website www.bajajallianz.com/about-us/customer-service.html c) E-mail Level 1: bagichelp@bajajallianz.co.in Level 2: In case you are not satisfied with the response given to you at Level 1 you may write to our Grievance Redressal Officer at ggro@bajajallianz.co.in Level 3: If in case, your grievance is still not resolved, and you wish to talk to our care specialist, please give a missed call on +91 8080945060 OR SMS To 575758 and our care specialist will call you back d) If you are still not satisfied with the decision of the Insurance Company, you may approach the Insurance Ombudsman, established by the Central Government for redressal of grievance. Detailed process along with list of Ombudsman offices are available at www.cioins.co.in/ombudsman 	Section E 16



13	Things to remember	Free Look Cancellation: Insured has an option of cancelling his/her policy up to 30 days from the first inception of policy with Us , subject to rest terms and conditions. Policy Renewal: Except on grounds of fraud, moral hazard or mis representation or non-co-operation, renewal of your policy shall not be denied Migration and Portability: At renewal Insured has an option to migrate his /her policy to other policy with us or port the policy to another insurer subject to terms and conditions specified under Migration and Portability guidelines For detailed guidelines on Migration and Portability, kindly refer the link https://irdai.gov.in/document-detail?documentId=393128 beneficiary will have the option to port the policy to other insurers by applying to such insurer to port the entire policy along with all the members of the family, if any, at least45days before, butnotearlierthan60days from the policy renewal date as per IRDAI guidelines related to portability. If such person is presently covered and has been continuously covered without any lapses under any health insurance policy with an Indian General/Health insurer, the proposed Insured beneficiary will	Section E	
	Vous Obligations	get the accrued continuity benefits in waiting periods as per IRDAI guidelines on portability Change in Sum Insured: sum insured can be changed (increased/decreased) only at the time of renewal subject to underwriting by the company. For increase in Sum insured, the waiting periods if any shall start afresh only for the enhance portion of the sum insured Moratorium period: After the expiry of Moratorium Period no health insurance policy shall be contestable except for proven fraud and permanent exclusions specified in the policy contract The moratorium would be applicable for the sum insured of the first policy and subsequently completion of 60 continuous months would be applicable from date of enhancement of sums insured only on the enhanced limits		
14	Your Obligations	Please disclose all pre-existing disease/s or condition/s before buying a policy. Non-disclosure may affect the claim settlement		
Legal Disclaimer Note: The information must be read in conjunction with the product brochure and policy document. In case of any conflict between the CIS and the policy document, the terms and conditions mentioned in the policy document shall prevail.				

Declaration by policy holder

Place	
Date:	Signature of Policy holder
Note:	
Web link for downloading the product related documents	

https://www.bajajallianz.com/health-insurance-plans/health-insurance-documents.html

I have read the above and confirm having noted the details